## **SIZING CHART**

# HOW TO MEASURE

#### CHEST

Place tape under arm and measure around the fullest part of your chest.

#### WAIST

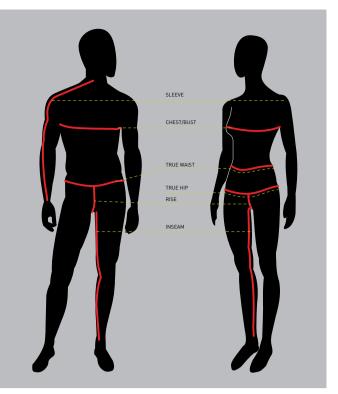
Measure around your natural waistline.

### INSIDE LEG

Measure from the top of the inside leg at the crotch to the bottom of the ankle bone.

We recommend double checking your measurements and referring to the charts below.

Size and fit can vary so the chart should be used as a general guide only.



#### Size To Fit Chest EXTRA SMALL (XS) 31"-33" (79-84 cm) 34"-36" (86-91.5 cm) SMALL (S) MEDIUM (M) 37"-39" (94-99 cm) LARGE (L) 40"-42" (101.5-106.5 cm) EXTRA LARGE (XL) 43"-45" (109-114 cm) 46"-48" (117-122 cm) EXTRA EXTRA LARGE (XXL) EXTRA EXTRA EXTRA LARGE (XXXL) 49"-51" (124.5-129.5 cm)

Men's Trousers		
Size & Waist	Regular Leg Length	Long Leg Length
30" (76cm)	32" (81 cm)	34'' (86 cm)
32" (81cm)	32" (81 cm)	34'' (86 cm)
34" (86cm)	32" (81 cm)	34'' (86 cm)
36" (91.5cm)	32" (81 cm)	34'' (86 cm)
38" (96.5cm)	32'' (81 cm)	34'' (86 cm)
40" (101.5cm)	32'' (81 cm)	34'' (86 cm)
42" (106.5cm)	32" (81 cm)	34'' (86 cm)
44" (112cm)	32" (81 cm)	34'' (86 cm)

Sailing Trousers (HPX & MPX)		
Size	To Fit Chest	To Fit Inside Leg
EXTRA SMALL (XS)	47 cm	81 cm
SMALL (S)	50,5 cm	81 cm
MEDIUM (M)	54 cm	81 cm
LARGE (L)	57,5 cm	85 cm
EXTRA LARGE (XL)	61,5 cm	89 cm
EXTRA EXTRA LARGE (XXL)	65 cm	93 cm

Size	To Fit Waist	To Fit Bust
EXTRA SMALL (XS) 8	25" (64 cm)	32'' (81 cm)
SMALL (S) 10	27" (69 cm)	34'' (86 cm)
MEDIUM (M) 12	29" (74 cm)	36'' (91.5 cm)
LARGE (L) 14	31" (79 cm)	38'' (96.5 cm)
EXTRA LARGE (XL) 16	33" (84 cm)	40'' (101.5 cm)
EXTRA EXTRA LARGE (XXL) 18	35" (89 cm)	42'' (106.5 cm)

Women's Trousers			
Size	To Fit Waist	Regular leg length	Long leg length
EXTRA SMALL (XS) 8	25'' (64 cm)	31'' (79 cm)	33'' (84 cm)
SMALL (S) 10	27'' (69 cm)	31'' (79 cm)	33'' (84 cm)
MEDIUM (M) 12	29" (74 cm)	31'' (79 cm)	33'' (84 cm)
LARGE (L) 14	31'' (79 cm)	31" (79 cm)	33'' (84 cm)
EXTRA LARGE (XL) 16	33'' (84 cm)	31" (79 cm)	33'' (84 cm)
EXTRA EXTRA LARGE (XXL) 18	35'' (89 cm)	31" (79 cm)	33'' (84 cm)

Footwear		
UK	EUR	US
4	37	5
4.5	37.5	5.5
5	38	6
5.5	38.5	6.5
6	39.5	7
6.5	40	7.5
7	40.5	8
7.5	41.5	8.5
8	42	9
8.5	42.5	9.5
9	43	10
9.5	44	10.5
10	44.5	11
10.5	45	11.5
11	45.5	12
12	47	13
13	48	14
14	50	15

Size	Age	To Fit Chest
JS	6-8	28"-30" (71 - 76cm)
JM	9-11	31"-33" (79 - 84cm)
JL	12-13	34"-36" (86 - 91cm)

Size	UK Shoe Size	
Small (S)	4-7	
Medium (M)	7-10	
Large (L)	10-13	